



# RIDGEWOOD TIMES



**ISSUE #03  
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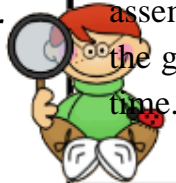
## **For the Love of the Country**



[https://youtu.be/bxSaTe\\_tFLjU](https://youtu.be/bxSaTe_tFLjU)

Class I students visiting  
Martyr's Gallery.

*On This Kargil Vijay Diwas,  
remember the true heroes of  
our nation who laid down their  
lives for our better tomorrow.*



## **KARGIL DIWAS**



**Kargil Diwas is commemorated every year  
on 26<sup>th</sup> July every year in honour of Kargil  
war heroes.**

Ridgewood primaries at ARMY PUBLIC SCHOOL  
DHAULA KUAN observed Kargil Vijay Diwas with  
a series of activities aimed at remembering the  
glorious deeds of the martyrs. A special morning  
assembly was conducted by Shivaji House in Raina  
auditorium. Around 85 students participated in the  
assembly that was intended at remembering the one of  
the greatest wars fought by the Indian army in our life  
time.



# INTERNATIONAL YOGA DAY

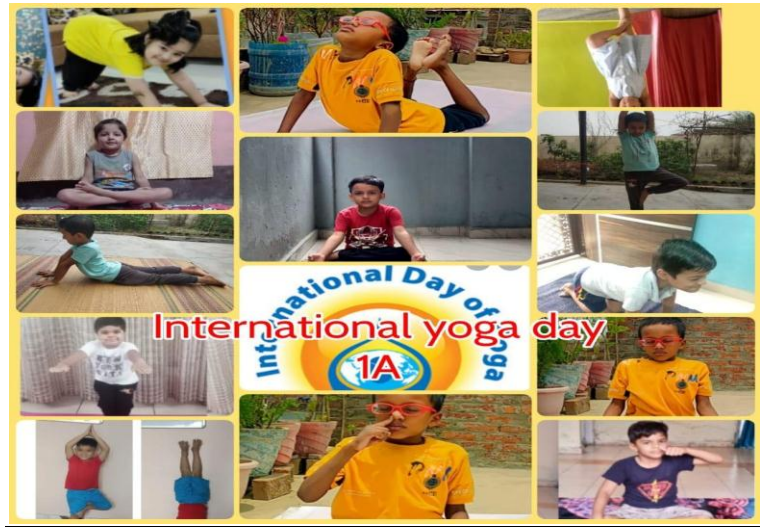
*"Yoga is the journey of the self, through the self, to the self"*

*-The Bhagavad Gita*

Life is meaningful, when we have good health. If health is not good, we would not be able to achieve our goals and does will not remain happy. Without health everything is next to nothing.



## CLASS I STUDENTS PERFORMING DIFFERENT AASANAS



[https://youtube.com/shorts/b48WlpVPF\\_I?feature=share](https://youtube.com/shorts/b48WlpVPF_I?feature=share)





# INTER HOUSE YOGA COMPETITION



# INTER HOUSE & INTER SECTION COMPETITIONS

Inter – House group Singing Competition was organised for the students of Ridgewood primaries . The participants sang songs related to the topics Save water ,Save Soil, Say no to plastic and Save the Earth. The foyer of Ridgewood primaries echoed the concern to save the world, in self- composed lyric compositions.





# VAN MAHOTSAVA (ECO CLUB EVENT)



